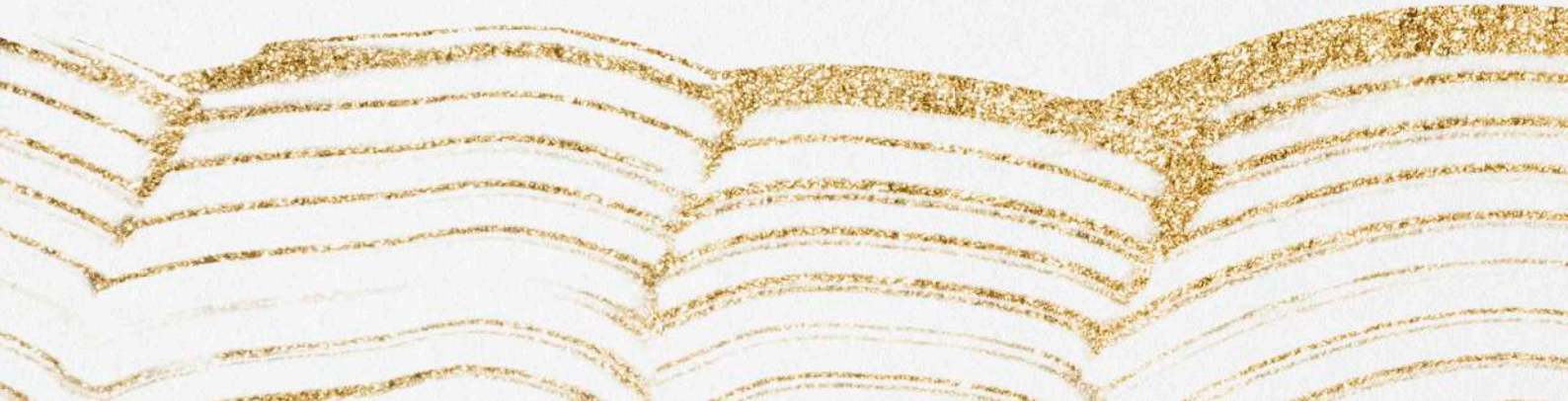




ADORO

WELLNESS & FITNESS





MASSAGES

Decontracting massage

Deep massage on the whole body recommended for those who feel “stuck” and stiff muscles

50 minutes € 72,00 - 25 minutes € 42,00

Sports massage

For those who practice sports or constant physical activity and need distensive maneuvers and muscle stretching before or after activity. It relaxes contracted muscles, improves circulation, promotes metabolic turnover, facilitates the drainage of muscular toxins

50 minutes € 75,00 - 25 minutes € 43,00

Holistic massage with essential oils

The ideal blend of essential oils to be used in the cabin is identified together with the customer, both for massage and for aromatherapy. An intense and rebalancing experience, PERSONALIZED and different every time. A true sensory experience.

50 minutes € 68,00



Energy rebalancing massage

Treatment that uses Ayurvedic and oriental massage techniques focused on restoring physical and mental energy into balance. You live a deep relaxation experience and at the same time bring a boost of physical energy whose effects will last over time. The use of targeted essential oils also helps to dissolve energy blockages.

50 minutes € 75,00

Relaxing emotional massage

Free from unexpressed emotions, it brings deep mental and body relaxation. The body is massaged from the feet to the head and scalp. Recommended for those who feel they need a moment for themselves and to find inner calm.

50 minutes € 65,00 - 25 minutes € 42,00

Draining massage

Specific massage technique that helps improve cardiovascular circulation, reducing swelling, tiredness and localized accumulation of toxins. It mainly takes place on the legs, abdomen and face. Recommended for those who have problems with swelling or venous stasis and poor lymphatic circulation.

50 minutes € 68,00 - 25 minutes € 45,00

Nirvana massage

An emotional and relaxing journey that through manual techniques, almond oil and essential oils and assisted by the sound and vibrations of Tibetan bells, brings deep physical and mental relaxation.

60 minutes € 70,00 - 90 minutes € 120,00





Korean Thai massage

Treatment performed on dry ground which allows a general reactivation of the organism. By working on the meridians, joint blockages are removed by improving blood and lymphatic circulation and stretching of the joints.

50 minutes € 70,00

Plantar reflexology

Specific technique through which the energy balance of the body is restored, using a particular type of massage which, through the stimulation and compression of specific reflex points on the feet, energetically related to organs and systems, allows you to exercise a preventive action and intervention on possible imbalances in the body.

30 minutes € 45,00

BODY TREATMENTS

Total body reshaping

Complete treatment that uses several specific products for the detoxification of deep tissues which, thanks to a dry scrub, an anti-cellulite massage, and a 30-minute pose with a lipo-reducing gel, allows you to reshape your legs and abdomen. The “vacuum” technique also allows a passive massage with regular pressure.

75 minutes € 93,00

Lipo-reducing treatment

Specific treatment for those areas of the body affected by blemishes such as cellulite and fatty deposits accompanied by hypotonia of the connective tissue. After the treatment, the customer is also provided with “Pants” soaked in intensive reshaping reducing LIPO* solution to be used at home for another two poses.

60 minutes € 85,00

If you purchase an additional refill of lipo solution to continue with the home treatment, therefore valid for 4 poses, the cost of the total treatment is € 95,00. It is also possible to purchase just the lipo-reducing “Pants” with refill at a cost of € 45,00.



Draining treatment

intensive draining treatment, designed to promote the drainage of excess fluids and the clear improvement of blemishes in the presence of edema and stagnation of extracellular fluids. After the treatment, the customer is also provided with "Pants" soaked in DRAIN Solution* to use at home for another two poses.

60 minutes € 85,00

If you purchase the drain solution refill to continue with the home treatment, valid for another 4 treatments, the cost of the total treatment is € 95,00. It is also possible to purchase just the draining trousers with refill at a cost of € 45,00.

Green cast

Healing treatment, based on dried plaster mixed with essences whose active ingredients favor the improvement of oxygenation and drainage of liquids and toxins, removing lactic acid, imperfections and blemishes of the body. It is an excellent draining and toning product, helps eliminate cellulite and is an excellent body slimmer. Calco Verde with rosemary through a cold-hot-cold thermal transition it simulates vascular gymnastics, causing a marked increase in intracellular metabolism. It also has anti-inflammatory properties. The treatment consists of an exfoliation with natural fiber brushes, a 20-minute modeling leg and abdomen massage and posing with a green cast.

75 minutes € 99,00

FACIAL TREATMENTS

Each facial treatment includes a complete and computerized skin check-up lasting approximately 10 minutes, to evaluate the state of the skin before and after the treatment. This also allows us to personalize the session as much as possible.

Biostimulating anti-aging facial treatment

Particularly suitable for those who wish to intervene aesthetically on the signs of facial aging such as wrinkles and lack of tone. The skin acquires tone and firmness and even in the most affected areas such as the eye contour, lip contour and nasolabial folds it relaxes and relaxes, appearing visibly smoother and firmer.

60 minutes € 75,00

WATER treatment

Gives brightness and deep hydration to young and old skin that needs to restore tone to the skin and have a plumping and illuminating effect.

60 minutes € 75,00

Anti-stress facial treatment

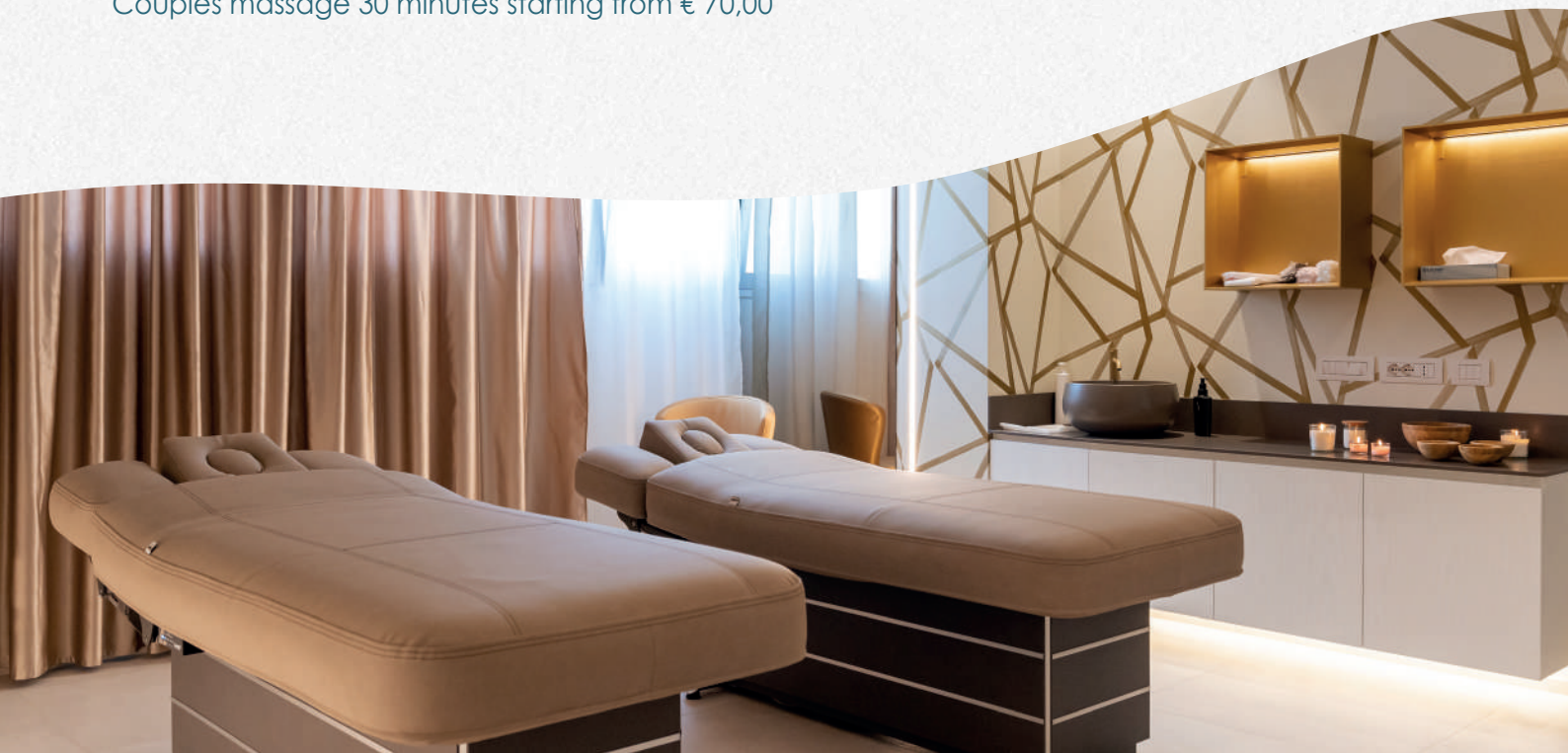
Aims to restore shine to dull and poorly nourished skin. Anti-fatigue, relaxing and relaxing. Ideal for those who want to carve out a moment of pampering but also for those who want to build a barrier between the skin and smog, pollution and all external aggressions.

60 minutes € 75,00

COUPLES MASSAGE

Couples massage 50 minutes starting from € 125,00

Couples massage 30 minutes starting from € 70,00





SAVINI

PALESTRA

Do you want to train even on vacation? Our fitness area was created just for you! You will find the best Technogym equipment and our highly trained personal trainers who will be available for whatever you need.



